

Fort Loudoun Community Implementation Plan

Significant Priorities / Issues

1. Obesity

Goal – Increase the percent of the population that report regular physical activity.

Action Plan

- A. Provide worksite weight management solutions through HealthQuest, a population health program for local employers.
- B. Partner with Loudon County Parks and Recreation Department to develop and implement a community walking program promoting local greenways.
- C. Open a BodyWorks community exercise program in Lenoir City.

2. Improving Access to Care

Goal – Reduce the number of residents who do not have a primary care physician as measured by employer HealthQuest data.

Action Plan

- A. Using HealthQuest, work with employer groups and the community to identify employees who do not have a primary care physician and connect them to a local physician in the area.

3. Pulmonary Disease

Goal – Reduce percent of adult smokers below 2013 level of 24%.

Action Plan

- A. Provide worksite smoking cessation programs.
- B. Promote the Covenant Health Smoking Cessation App.
- C. Partner with the local health department in implementing Loudon County's Tobacco Initiative by providing school-based tobacco education through the hospital's Pulmonary Department.