

FORT LOUDOUN MEDICAL CENTER

2021-2023 COMMUNITY NEEDS ASSESSMENT IMPLEMENTATION PLAN

Identified Community Needs:

1. Mental Health
2. Chronic Disease Management
3. Substance Abuse
4. Tobacco

Implementation Strategy to Address Needs:

1. Mental Health

Behavioral Health Services Expansion

- Psychiatric consult service is now being provided for patients in the Emergency Department and for inpatients at Fort Loudoun Medical Center via tele-video through Peninsula Behavioral Health.
- Fort Loudoun Medical Center, with funding support from the Covenant Health Office of Philanthropy, will implement an Emergency Department Diversion Program in 2021. A team of medical and behavioral specialists would conduct a behavioral assessment and treatment plan to propose measures to meet the identified needs. An outreach specialist would follow up with patients to oversee the implementation plan.

2. Chronic Disease Management

Pulmonary Outreach Programs

- Fort Loudoun Medical Center is offering a pulmonary rehab program that addresses Chronic Obstructive Pulmonary Disease and Post-COVID Syndrome. This program is grant-funded under certain circumstances. Information is given to medical providers for community members who would benefit from the program.

Community Stroke Education

- Fort Loudoun Medical Center will continue to promote and implement a community-wide stroke education program in Loudon County to improve and ensure awareness of stroke, stroke symptoms and the need for rapid treatment.

3. Substance Abuse

Peninsula Drug Treatment Program

- Fort Loudoun Medical Center can now refer ~~their~~ patients to Peninsula Medication Assistance Treatment program's Center for Outpatient Services for Substance Abuse. This program offers specialized medications and intensive therapy to treat substance abuse disorders.

Opioid Lite Program

- Fort Loudoun Medical Center's Emergency Department is participating in a Covenant Health system-wide initiative to curb the use of hospital prescribed opioids. Physicians are prescribing non-opioid drugs when indicated for pain management, both during treatment and upon discharge from the hospital.
- Fort Loudoun Medical Center will work in conjunction with other community resources, including Helen Ross McNabb, Loudon County Health Department and the Prevention Alliance of Loudon County to address opioid-related issues.

4. Tobacco Cessation

Vaping Impact Program

- Fort Loudoun Medical Center, in partnership with the Prevention Alliance of Loudon County, is co-developing education and prevention videos and other content for use in Loudon County Schools to reduce the incidence of vaping among students.